



Combined Probud Club of Blackburn South Inc.

No.58109

Reg. No A0029946T

MINUTES: Minutes Monthly Meeting 5th February, 2020.

HELD: Whitehorse Horticultural Centre, 82 Jolimont Road, Forest Hill Vic 3131.

CHAIR: President Harish Shah opened the meeting at 10:00am and welcomed all present.

PRESENT: Members 69, Apologies 17, Absent 6. Total active membership 92. Non active 8.

APOLOGIES: Keith Booth, Graeme Brookes, Gwenda Davey, Colin Farr, Dot Farr, Joan Forward, Jo Glasson, Jim Hancock, Jill Hannam, Jo Hocking, Bill Jackson, Colleen Jackson, Bill Moncrieff, Stan Moore, Ron Rivett, Rod Smith, Les Sullivan.

VISITORS: Kath Hawthorne.

BIRTHDAYS: Dot Browne 6th, Trish Clifton 6th, Lindsay Whitrod 7th, Colleen Jackson 9th, Dot Farr 10th, Jenny Birt 12th, Beryl Marston 14th, Harish Shah 14th, Joyce Wickins 15th, Gwenda Davey 18th, John Hally 19th, Mike McGorlick 20th, Joan Sullivan 28th.

PRESENTATION MEMBERSHIP CERTIFICATES:

25 YEARS - The President presented Certificates to:-

- Ian Rose who joined on 02/02/1995
- Eric Sutherland who joined on 05/10/1994
- Vin White who joined on 02/03/1994

10 YEARS - Gerry Burton who joined on 02/12/2009

MINUTES: It was moved by John Hally, seconded by Warwick Stott, the minutes of monthly meeting held on 06/11/2019 be accepted. CARRIED.

REPORTS:-

SECRETARY - As per Bulletin. Movies scheduled for Thursday 20th February have been cancelled due to Jo Hocking being unwell. Probud Information Day for incoming Committee Members will be held on 3rd July, 2020 at East Doncaster. \$25:00 per person.

COMPUTERS, PRINTERS, SOFTWARE: A young gentleman residing in Forest Hill, a neighbour of several of our members, has offered his services to Club members at a very reasonable rate. He would visit you at home. For further information, contact the secretary.

It was moved by John Hally, seconded by Ken Pakes, the secretary's Report be received. CARRIED

LADIES LUNCH: Wednesday 25th March at Mr Fox, Ringwood Golf Club

MENS LUNCH: Wednesday 25th March at Shangi-La Restaurant, Brentford Square.

FINANCIAL -Total funds \$10,830:92 which includes pre-payments for outings/functions \$7506:00. It was moved by Bob Grierson, seconded by Aileen Hally, the Treasurer's Report be received.

CARRIED.

GUEST SPEAKER - Mary Rasmussen. The Guest Speaker today was Linda Black and her subject was " Becoming a safer Senior ".

WELFARE TEAM - Aileen Hally: David Danks has had several recent falls but is ok. Valerie is still managing at home. They send their regards.

Gwenda Davey is having back surgery next week at Epworth Eastern followed by rehab. She has her mobile and would appreciate a call.

Graeme Brookes is in Knox Hospital with Cellulitis. He will not be at golf on Friday.

Jo Hocking is on new medication and is finding it very tiring. Therefore February movies on 20th will be cancelled.

I spoke with Joan Sullivan yesterday evening and she sends her love to everyone.

We wish Bryan Paten all the best during his new treatment.

BULLETIN – As published.

CURRENT AFFAIRS DISCUSSION GROUP – As per Bulletin.

BISTRO – Cath Wite. The next Bistro Night is on 26th February at Enriks, Blackburn. \$35:00.

3 Options for payment prior to 26/02 :-

- Pay to Cath personally
- Pay by Bank Deposit
- Bring cash to 1 Fisher St. Forest Hill prior to 26/02.

BYO / CORKAGE \$7:00

PERIDOT THEATRE: - As per Bulletin.

WALK: Wolfram Bohnstedt - As per Bulletin. Mobile phone only 0401 156 920.

Glen Iris Circuit Walk

GOLF: Friday 9:30am at Waverley Golf Course. All welcome.

TEN PIN BOWLING: Eric Sutherland. As per Bulletin. 2nd Wednesday, monthly.

OUTINGS:

Mary Rasmussen -

“Puffing Billy” 2nd March, 2020.

Ken Pakes – Proposed day trip to Geelong by train 9:10am. Return to Melbourne by Ferry at a cost of \$16:00 for Ferry travel. Seniors could travel to Geelong for free, using travel voucher.

TOURS: Ken Pakes – Car Safari. A number of cancellations. Payment of deposit due today.

TABLES FOR SIX: In Bulletin.

AFTER MEETING LUNCH: Sofia’s Restaurant, Burwood East.

WEBSITE: Bryan Paten – Website is up to date. Be aware of more sophisticated scams. People are recorded saying “yes” to seemingly innocent questions, which is then used to gain access with approval to their files and information.

BOOK EXCHANGE. The President reminded members that books which had not been selected by members, should be collected by the owners after the meeting and not left on the table.

GENERAL BUSINESS:

Bill Wallis asked if existing regular ongoing activities should be referred to Events Co-Ordinator, Mary Burton for approval. Bill was advised ongoing regular events had already been approved by Mary.

After morning tea, Mary Rasmussen introduced Guest Speaker Linda Black who gave an interesting talk on “ Becoming a safer Senior”. Linda posed many questions as to -0why older people were automatically categorized as “old” merely because of their age rather than their actual physical and mental condition. She gave many hints how we could reduce the effects of physical and mental ageing by diet, exercise, posture, breathing and attitude.

After thanking our Guest Speaker for a most interesting talk, there being no further business, the President closed the meeting at 11:50am.

.....
President. 04/03/2020