

COMBINED PROBUS CLUB OF BLACKBURN SOUTH INC.

Club Bulletin

No. 387

May 2024

Registration No. A0029946T

The Club meets at 10:00 am on the first Wednesday of every month (except Dec and Jan) at the City of Whitehorse Horticultural Centre, 82 Jolimont Road, Forest Hill.



All correspondence to: The Secretary, P.O. Box 620, Brentford Square, 3131.

Web address: www.probusblackburnsouth.org.au/

Club Bank A/C BSB 633 108 - A/C No 151023272 (Bendigo Bank)

Committee Members

President	Harish Shah	0430 380 806
Vice President	Sandra Knight	0409 551 029
Past President	Mary Burton	0458 866 991
Secretary	Gilly George	0408 801 624
Treasurer	Bob Grierson	0409 553 441
Editor	Nelsa Counsell	0420 802 526
Services	Kath Thompson	0418 390 875
Events Co-Ordinator	Sandra Knight	0409 551 029
Guest Speakers	Beryl Pakes	9897 3454
Welfare	Ree Dowling	0410 478 304
Outings		

Diary Dates

Next Meeting	Wednesday 1 st May
Legenda of Brass	Sunday 5 th May
Showbiz Cinema	Wednesday 8 th May
Discussion Group	Monday 20 th May
Bistro Evening	Wednesday 22 nd May
Yarrowood Winery	Wednesday 19 th June
Men's & Ladies Lunch	Wednesday 26 th June
Coffee Club	Friday 3:00 pm weekly
Bulletin Deadline	Friday 24th May

Presidents Message: -



At our age, most seniors suffer from hearing loss to some degree. I would appreciate it if you would please turn off your mobile phone OR set it to silent mode. Please also refrain from personal conversations during the meeting. Remember, your chatting can interfere with someone's hearing.

Today, I have three announcements to make.

1. Membership Subscription

This year's annual Subscription of \$50 per member is now due.

You may pay your subscription in person to the Treasurer, Bob Grierson, deposit it at a Bendigo Bank branch or remit it through your online banking facility.

2. Mandatory Update Forms - Member' Contact Details

The Club requires your contact details to communicate with you.

I request each one of you to fill in a Contact Update Form with your CURRENT CONTACT DETAILS and submit it to the Secretary, Gilly George. Please note that you must do that even if your details have not changed. We need one form per member.

3. My Call for New Activities

There is some response, but 'I want more'.

During today's meeting, potential leaders will talk about their ideas and members may provide feedback to take those ideas further.

It is hard to visualise global warming when winter comes early like it did this year.

Please keep warm and be active. Have a great day!

AFTER MEETING LUNCH



Sausage Sizzle - Backyard of Horticulture

BIRTHDAYS - May

Best wishes to the following members

Ron Rivett 3 rd	Sue Needham 4 th	Vin White 4 th
Graeme Brookes 6 th	Lorna Moncrieff 13 th	Rod Needham 16 th
Denis Hawthorn 26 th	Keith Booth 29 th	Mary Rasmussen 30 th

SECRETARY'S REPORT: - Gilly George gill.george@hotmail.com 0408 801 624

MONTHLY GENERAL MEETING: Our next Monthly General Meeting will be held on Wednesday 1st May 2024, at the Whitehorse Horticultural Centre, 82 Jolimont Road, Forest Hill commencing at 10:00 am.

CORRESPONDENCE

Nil.

TREASURER: Bob Grierson 040 955 3414

Club Bank Account: BSB 633-108 Account No 151023272

Make sure that your name is registered with the deposit.

A number of members have not paid their dues for the year ended January 2024. When we endeavoured to contact them, we discovered most phone numbers in our files were landline numbers and are now non-operative. We therefore request all members to check their payment status. If you have a receipt or proof of payment; fine. If not, please contact our Treasurer Bob Grierson to discuss.

MEETING VOLUNTEER ROSTER: May – July 2024

Would all volunteers please read their copy of the 'Monthly Meeting Volunteer Procedures' and bring it to the meeting.

Before the Meeting, Set Up, and After the Meeting, Pack Up & Lock Up

May	Vic McNamara	Glen Knight
June	Col Sando	Gerry Burton
July	Terry Roche	Rod Needham

Welcome and Directing to Sign-in Desk

May	Bev Sutherland	Christine Hunter
June	Sandra Knight	Ron Henderson
July	Denis Birt	Jan Roche

Attendance Recording

May	Alan Hunter	Vin White
June	Keith Wickins	Glen Knight
July	Sue Needham	Christina Hunter

Mentor to Visitors

May	Jenifer Birt	Eric Sutherland
June	Joyce Wickens	Ken Pakes
July	Beryl Pakes	Ree Dowling

Morning Tea Team

May	Val Nixon	Ken George
June	Dot Thomson	John Hally
July	Vic McNamara	Col Rogers

Please arrive for duty by 9:15 am.

If you are unable to attend Roster Duty, please initially try to exchange with another member.

GUEST SPEAKERS - Beryl Pakes 9897 3454

May's speaker is Darren Arnott. His book "No Regard for the Truth" was shortlisted for the Victorian Community History Awards 2020. Other Probus Clubs say he is most entertaining.

June's speaker will be Alain from Equip4life, speaking on habits to secure a longer and healthier life.

DISCUSSION GROUP - Mike Bampfield 0413 007 528

Next Meeting: Monday 20th May at 2 pm (3rd Monday each month)

23 Myriong Ave, Vermont South

Our April Meeting Covered a range of international and local issues and finished with a fun quiz on Australian trivia.

Four new members were welcomed.

NOTE: Due to seating space constraints, we can only accommodate a maximum of 12 people. Therefore, please register your interest early by putting your name on the Discussion Group list at the Club's monthly meetings.

WELFARE: Ree Dowling 0410 478 304

We have had some members recently in hospital:

Dennis Birt: Dennis is now happily home after 10 days in hospital and a small stay in rehab.

Lois Cheevers: Lois is now in extended rehab after a while in the hospital and is slowly recovering.

Bruna Rosaia: Brunna received support from her hospital stay. She may require outpatient rehab and is recovering well.

DINEOUTS

BISTRO EVENING - Contact Ree Dowling 0410 478 304

DORSET GARDEN HOTEL:

Date: Wednesday, May 22nd at 6:00 pm

Address: 355 Dorset Rd, Croydon

Menu: Broad choice. Order at the table (Names taken when ordering - so ease of payment later)

Spacious Venue: Group area - dedicated room off bistro lounge.

Access: Direct from the car park No steps - ample parking.

MEN'S & LADIES LUNCH - Contact: Kath Thompson 0418 390 875

CLUB RINGWOOD

Date: Wednesday, June 26th at 12:30 pm

Address: 523 – 535 Maroondah Highway, Ringwood

Menu: A La Carte

(Table service, but each member pays as they leave)

Spacious Venue

Access: Entrance ramp.

Parking: Ample. One at the rear - off Oban Rd, another one at the front -
at the Oban Rd intersection lights – bear left.

OUTINGS

LEGENDS OF BRASS – Contact: Ree Dowling 0410 478 304

Date: Sunday, May 5th 2.00 pm

Venue: Doncaster Secondary College Performing Arts Centre.

Address: 123 Church St, Doncaster.

Cost: \$30 (Pay at the door - exact money appreciated)

A block of 12 tickets is being held for our club until our monthly meeting on May 1st.

Parking: Some parking at the venue but also along Church Street & side streets.

(There is a drive through drop off area)

Feel free to contact me before the meeting or at the meeting for tickets.



FILM - WICKED LITTLE LETTERS – Contact: Ree Dowling 0410 478 304

Date: Wednesday, May 8th, 2024

Time: 10:30 am (Meet at the cinema at 10:15 am)

Showbiz Cinemas

Pinewood Shopping Centre, 41 Centreway, Mount Waverley

Cost: Film followed by 'Basket Lunch' in the cinema \$20.00 (Pay on the day to Ree)

A 1920s English seaside town bears witness to a farcical and occasionally sinister scandal in this riotous mystery comedy. Based on a stranger-than-fiction true story, WICKED LITTLE LETTERS follows two neighbours: deeply conservative local Edith Swan (Olivia Colman) and rowdy Irish migrant Rose Gooding (Jessie Buckley).

Numbers must be finalised with the Cinema on May 7th.

Parking: Designated Cinema Parking - opposite Coles.

You must collect a parking voucher from one of our members in the car park and display it on your dashboard. The voucher covers film & lunchtime. Access to cinemas: Suitable for all.



YARRAWOOD ESTATE WINERY – Contact: Ree Dowling 0410 478 304

Date: Wednesday, June 19th, at 11 am

Address: 1275 Melba Highway, Yarra Glen

Enjoy a guided wine tasting.

Learn about the heritage of the estate and vine-growing techniques, surrounded by beautiful rolling countryside.

Format of the day:

1. Wine tasting - cost \$9.00 (Beer, of course, available instead)
2. Lunch – at own cost. (Menu on display at monthly meeting)
3. Purchase wines of your choice if you wish
4. Wander around the estate.

Parking: Plenty available with ease of access.

PS. The Yarra Valley Chocolaterie is only 5 minutes away for sweet indulgences on your way home!!

WE HAVE BEEN INVITED Ree Dowling 0410 478 304

Come and join this program open to retirees focusing on accessible activities, wellness & socialisation.

Format of 'ROLL BACK THE CLOCK'

Weekly Sessions: 1 hour

Part A. 30-minute presentation on engaging interactive topics related to good physical and mental health for older adults.

Part B. 30 minutes of movement activities benefitting flexibility, muscular endurance, and strength.

Lead by a qualified and experienced Instructor with plenty of tips to share.



Venue: Vermont South Club

Address: 30A Livingstone Rd. Vermont South

When: Fridays at 11:30 am [In 8-week blocks]

After the session enjoy a cuppa available on the house.

Cost: \$10.00 per session (Subsidised by Bowls Australia). Pay weekly at the club or \$80.00 for the block of 8 weeks.

Starting Date: Friday 10th May

There is more on our web pages <https://probusblackburnsouth.org.au> – thanks to the Bendigo Bank, Blackburn South for sponsoring our website. The password for the members-only pages is “██████”. The contents of this Bulletin are Private & Confidential, are for Probus use only and are not to be used for any other purpose.

The Probus Club gratefully acknowledges the community grant provided by the Whitehorse Council.