# COMBINED PROBUS CLUB OF BLACKBURN SOUTH\_INC.

### **Club Bulletin**

No. 396

March, 2025

Registration No. A0029946T

The Club meets at 10.00am on the first Wednesday of every month (except Dec and Jan.) at the City of Whitehorse Horticultural Centre, 82 Jolimont Road, Forest Hill.



All correspondence to: The Secretary, P.O. Box 620, Brentford Square, 3131. Web address: www.probusblackburnsouth.org.au/ Club Bank A/C BSB 633 108 - A/C No 151023272 (Bendigo Bank)

#### **Committee Members**

President	Harish Shał
Vice President	Sandra Kniç
Past President	Mary Burtor
Secretary	Gilly George
Treasurer	Bob Griersc
Editor	Nelsa Coun
Services	Kath Thomp
Events Co-Ordinator	Sandra Knig
Guest Speakers	Beryl Pakes
Member Liaison	John Hally
Welfare	Ree Dowling

#### **Diary Dates**

Wednesday 5 <sup>th</sup> March
Friday 11.30 am weekly
Tuesday 4 <sup>th</sup> March
Thursday 13 <sup>th</sup> March
Tuesday 18 <sup>th</sup> March
Wednesday 19 <sup>th</sup> March
24 <sup>th</sup> – 28 <sup>th</sup> March
Thursday 10 <sup>th</sup> April
Wednesday 30 <sup>th</sup> April
Sunday 4 <sup>th</sup> May
Friday 3.15pm weekly
Tuesday 18th March

#### President's Message: 2024-25



The 2023 AGM had no nomination for Vice-President. Due to that our Club did not have a designated President for 2024. That led me to submit nomination for President at the 2024 AGM, which was accepted. My grateful thanks to the outgoing Management Committee for their enthusiastic support. Here is my report:

1. Membership Register Update

The harsh shutdown during Covid pandemic had adversely impacted our Club's membership. The Membership Register listed 90 active members, but some were not traceable. The Committee set out to verify the membership and identified 65 current members. An accurate Membership Register is mandatory and is necessary for management of the Club.

#### 2. Club Activities Enhancement

Club's Bulletin in February 2024 had only 4 activities listed. The Bulletin of February 2025 had listed 11 activities. Almost a 3-fold increase. My sincere thanks to the Activity Leaders for making it possible. Our Club has shown resilience by bouncing back from setback of the pandemic. It feels vibrant again because of our members' enthusiastic participation.

#### 3. Changing times

Alvin Toffler in his famous book 'Future Shock' (1970) said that in future, Change

Will be the only constant. The latest Hall Hire Agreement from our landlord, the Whitehorse Council, has banned storage of gas bottle and BBQ and has prohibited storage and consumption of alcohol on the premises.

That effectively ended our BBQ in the backyard.

I shall end with a request: Our Club needs new leaders in the pipeline. We all have our commitments but that cannot be used as an excuse. If you have the drive, then get on the Committee, do your bit. Harish Shah

### AFTER THE MEETING LUNCH

Life Member Ken Pakes has organised today's After Meeting Lunch. We have requested split bills. That will add \$1 to your bill. Please Pay your bill at the cashier register. Thanks. Time: 12:15 pm Venue: : Warramunga Restaurant. (The Waverley RSL) Address: 161 Coleman Pde Glen Waverley 3150. Directions: Drive southwards on Springvale Road, Turn RIGHT into Colman Pde. Turn LEFT at Kingsway. Turn RIGHT into Montclair Road. Follow signs directing you to the Car Park.

#### BIRTHDAYS MARCH Best wishes to the following members

Val Nixon 22nd, Bev Sutherland 29th



### SECRETARY'S REPORT - Gilly George - 0408 801 624

MONTHLY GENERAL MEETING: Our next Monthly Meeting will be held at the Whitehorse Horticultural Centre, 82 Jolimont Road, Forest Hill on Wednesday 5<sup>th</sup> March The AGM for the Combined Probus Club of Blackburn South will be held on 5th March following the general meeting. All welcome.

### NOTICE OF ANNUAL GENERAL MEETING:

The Annual General Meeting of the Combined Probus Club of Blackburn South Inc. will be held on Wednesday 5th March 2025, at the Whitehorse Horticultural Centre, 82 Jolimont Road, Forest Hill immediately following the March Monthly General Meeting. The business of the meeting shall be:-

**Presentation of Reports** 

Acceptance of Financial report for year ended 31<sup>st</sup> January 2025 Presentation of Budget for financial year 01/02/2025 – 31/01/2026 Confirmation or otherwise Committee recommendation of annual subscription

Election of Office Bearers for the Ensuing Year

Any other business which lawfully may be brought forward ELECTION OF MANAGEMENT COMMITTEE MEMBERS:

All management committee positions become vacant at the end of the March Monthly General Meeting. Nominations for committee members for the ensuing year must be in writing, signed by the candidate and lodged with the secretary prior to the commencement of the Annual General Meeting on Wednesday 5th March, 2025.

It was wonderful to start the new Probus year with so many members and visitors at our last meeting. The committee have planned a great year for all. We look forward to welcoming our new committee at the AGM.

I would sincerely like to thank Harish for his year as President and thank him for his dedication and support to the club. Thank you, Harish and Jaya, for your commitment and encouragement to all members of the club and we all say a **Big Thank You**.

I would also like to thank Catherine Pratt and Ree Dowling for organising a delightful outing to Cruden Farm, we all had a great time admiring the gardens of the Murdoch family, and we enjoyed a lovely lunch at the Langwarrin Hotel. Thank you to you both for arranging this outing for us. Looking forward to many more.

# TREASURER: Bob Grierson 040 955 3414

Club Bank Account: BSB 633-108 Account No 151023272 Make sure that your name is registered with the deposit. Thank you.

### BOOK CLUB - Gilly George 0408 801 624

Book Club will commence on Tuesday 4<sup>th</sup> March at 1.30 pm so all those lovely books you got as Christmas gifts you can read and tell us all about them. All Welcome It will be a fun afternoon!! followed by afternoon tea. April meeting will be on Tuesday 1<sup>st</sup> April.

### DISCUSSION GROUP - Mike Bampfield 0413 00 7528

Venue – Vermont South Bowls Club, 30A Livingston Rd, Vermont South. <u>NOTE NEW DATE FOR NEXT MEETING:</u> 2-4pm <u>TUESDAY</u> 18th March (now 3<sup>rd</sup> TUESDAY of each month)

Our relaxed and enjoyable monthly meetings cover a range of local and international issues as well as lighter subjects. A "fun topic" each month also gives us a chance for some laughs.



As we age, we all strive to eat well, socialise with others, and exercise our bodies. However, what we often overlook is the very important need to <u>exercise our minds</u>. The Discussion Group provides a relaxed environment each month for "mind exercise" by allowing members to raise/share any issues of interest, concern, importance etc, all in a friendly forum.

The meeting concludes with a "fun topic" and afternoon tea to wind down after 2 hours of an enjoyable "mind workout" .... without the sweat.

New members are always welcome. Please contact Mike Bampfield

# ROSTER: March – May 2025 BEFORE

MEETING: WOULD ALL VOLUNTEERS PLEASE READ THEIR COPY 'MONTHLY MEETING VOLUNTEER PROCEDURES' & BRING THE COPY TO THE MEETING.

BEFORE MEETING - SET UP/ AFTER MEETING - PACK UP & LOCK UP

March	Lindsay Borgas
April	Rolf Arnoldi
Мау	Mike McGorlick

Mike Bampfield Glen Knight Col Sando

### WELCOME & DIRECTING TO SIGN IN

March	Dennis Birt	<b>Bev Sutherland</b>
April	Rachael Mc Alavey	Gerry Burton
May	Sheilah Blanchfield	Jenny Birt

### ATTENDANCE RECORDING

March	Vic McNamara	Dot Brown
April	Keith Wickins	Bruna Rosaia
May	Cushla Appleby	Dot Farr

### **MENTOR TO VISITORS**

March	Lorelle Borgas	Jenny Birt
April	Ken Pakes	Col Farr
May	Dot Thomson	Jan Roche

#### **MORNING TEA TEAM**

March	Alan Hunter	Cath Pratt
April	Ken George	Joyce Wickins May
Mary Burton	Terry Roche	

# INDIVIDUAL SUPPORT: March- Val Nixon / April- Lorraine Low-Shang / May- Jenny Birt Please arrive at 9:00am to set up for your task

If unable to attend Roster Duty please try to exchange with another member.

GUEST SPEAKERS - Beryl Pakes 9897 3454 <u>April</u> We have a representative from Traveller's Aide to speak. <u>May</u> Fay Veitch from Mercy Ships

#### 5 DAY COACH TOUR TO APOLLO BAY - Mary Rasmussen 0427 057 638

Date: March 24<sup>th</sup> – 28<sup>th</sup> 2025 staying at Skenes Creek Would all members going on the above trip please remain after AGM for a short meeting so that transport arrangements can be finalized.

#### WELFARE:

#### Ree Dowling 0410 478 304

Christina Hunt -: Christina is benefitting from the GLAD program to be more mobile.:

Assisting Sheilah: All members: Please say your name when you approach her or are sitting or chatting with her. She loves a chat!!!

Assisting: Meet her in the foyer. Walk half a pace in front of her. Sheilah will hold your arm.

When you take her to a seat ensure the seat is lined up for her. Advise her about steps & whether up or down

Ensure she is standing safely against a wall or sitting when you fetch a cuppa. Lead her to the toilet door if required and stay nearby. If she is going to lunch after the meeting, make arrangements for this and for her to be driven home after. If you have any questions, just ask

Sheilah.

# OUTING - MORNINGTON PENINSULA BY COACH Ree Dowling 0410 478 304



### Date:= <u>Thursday, April 10<sup>th</sup> 2025</u>

#### Travel by: 24-SEATER CROWN COACH.

Cost: \$50:00pp (Seatbelts must be worn)

Pay to Bendigo Bank prior to, or by cash at the **March** Monthly meeting. **Meet at**: The Horticultural Centre Jolimont Rd.

Park at the Centre car park.

Arrive: 8:45 - 9:00 Departure: 9:15 (No delays possible) <u>First Stop</u> 10:15: ARTHURS SEAT – The Eagle Cafe.

Morning Tea & 1 way Gondola Ride - \$20:00 (Pay by or on **April** Monthly meeting) 11.15: Onto the Cable Car **Gondolas** with views of Port Phillip Bay as you're gliding from the top to meet up with the Coach at the bottom. Access for all in a number of Gondolas <u>Second Stop</u> 12:15: **GORDON STUDIO – GLASS BLOWERS RED HILL - Free**  Family owned. Three generations of glassblowers have exhibited their own interpretation of this ancient craft. Large sculptures to smaller pieces all hand-made are on show & for sale. Watch the glass blowing in progress.

Return to the coach at 1.15

# Third Stop 1:30: CAFE - 'TULUM STORE' - BALNARRING BEACH

Lunch at your own expense. Time allocated to relax & chat or take a walk across to the Beach. Return to the coach at 3.15: For 3.30 return to Melbourne.

Ramps or flat surfaces are available for all to participate. Walkers accepted.

These are placed on a trailer behind the coach at no extra cost. It's only

a 24 - Seater so be quick to place your name on the list to go.

# OUTING - SHOWBIZ CINEMAS Ree Dowling 0410 478 304

# FILM Black Bag (Thriller)

Director: Steven Soderbergh. Actors: Cate Blanchett, Pearse Brosnan, Michael Fassbender Date: <u>Thursday, March 13</u><sup>th</sup>

# Time: <u>10.30am (Meet at cinema 10.15)</u>

Address: Pinewood Shopping Centre, 41 Centreway, Mount Waverley Cost: \$20.: Film followed by 'Basket Lunch' in the cinema (Pay on the day to Ree. Exact money appreciated.) Requires a minimum of 15

# Cinema Parking: Designated Cinema Parking - opposite Coles

(Must collect parking voucher from one of our members in the car park and display it on



your dashboard. Voucher covers film & lunch time.) Access to

cinemas: Suitable for all OUTING: Lilydale Theatre Ree Dowling 0410 478 304 Matinee Play: 'HAUNTED' - A COMEDY

# Date: Sunday, May 4th, 2025

**Time:** <u>2:00pm</u> [Free Sherry in the theatre foyer from 1.30] [Free Coffee & Tea available at the interval] Address: 39 – 41 Castella Street, Lilydale

**Cost**: \$26.00

Parking: Around the theatre. Access ramps.

Pre-Theatre Lunch: 'Gracious Grace' café [Meet at 12.00]

[Attached to the Theatre. Own expense.]

NB In order to have reasonable seats we need to book asap. Payment must be at the time of booking. [Good seats available at present.]

Please pay into the Probus Account & leave a voice mail on my phone (Ree 0410 478 304) that you've paid. Otherwise pay our treasurer at the <u>April Probus meeting</u>

Storyline: 'Aspiring Playwright Nigel Burke is a neurotic, agoraphobic and hasn't written a word for 3 months, to the chagrin of his wife, who is at the end of her tether. His agent is desperate for him to start writing again. A mysterious man who knows of Nigel's interest in Lord Byron, gives him a goblet used by the poet. Nigel drinks from it and there is a change in his confidence and manner. Then Byron himself appears. Part ghost story, part thriller, part battle-of-thesexes comedy.'

# **DINEOUTS**

PERSIAN FLAVOURS: Ree Dowling 0410 478 304

Date: Wednesday March 19<sup>th</sup> 6:00pm Address: 338 Springvale Rd., Forest Hill Menu: A La Carte – Wide ranging & BYO Access: Suitable for all Parking: Some on Springvale Rd / Some on Glen Valley Rd.

# LADIES AND MENS LUNCH - Kath Thomson - 9817 5546

Wednesday 30th April at 12.30 pm Box Hill Golf Club Address - 202 Station Street Box Hill South

# FRIDAY COFFEE

Fridays at 3.15pm Koffee Kult (Outside Target). This will be a trial for the month. We look forward to the continued catch up

### KEEP THE DATE: GALA CHRISTMAS IN JULY EVENT

Friday, 25<sup>th</sup> July 2025 12.00-300pm





<u>CLUB MEMBERS - KEEPING</u> Come and enjoy our 'Roll Back the Time: 11.30 – 12.30, FRIDAYS



<u>ACTIVE</u> Clock' Program Weekly

Venue: Vermont South Bowling Club. 30a Livingston Rd. Vermont South Helen – our qualified and very experienced leader organises a suitable,

interesting & fun program for retirees.

The hourly sessions are split into 2 sections.

An engaging and instructive visual presentation related to all aspects of health & positive living followed by activities to benefit flexibility, strength and general movement. Theres always fun activities involved. Enjoy a free cuppa and chat to follow.



Members enjoying trip to Cruden Farm



The contents of this Bulletin are Private & Confidential, are for Probus use only and may not to be used for any other purpose. We wish to thank the office of John Mullahy MP for assisting in the printing of the bulletin.

The Probus Club also gratefully acknowledges the community grant provided by the Whitehorse Council.