# COMBINED PROBUS CLUB OF BLACKBURN SOUTH INC.

**Club Bulletin** 

No. 399

**June 2025** 

Registration No. A0029946T

The Club meets at 10.00am on the first Wednesday of every month (except Dec and Jan.) at the City of Whitehorse Horticultural Centre, 82 Jolimont Road, Forest Hill.



All correspondence to: The Secretary, P.O. Box 620, Brentford Square, 3131.

Web address: www.probusblackburnsouth.org.au/

Club Bank A/C BSB 633 108 - A/C No 151023272 (Bendigo Bank)

## **Committee Members**

| President            | Sandra Knight<br>OAM | 0409 551 029 |
|----------------------|----------------------|--------------|
| Vice President       | Lindsay Borgas       | 0418 177 428 |
| Past President       | Harish Shah          | 0430 380 806 |
| Secretary            | Gilly George         | 0408 801 624 |
| Treasurer            | Harish Shah          | 0430 380 806 |
| Editor               | Nelsa Counsell       | 0420 802 526 |
| Member Services      | Kath Thompson        | 0418 390 875 |
| Outings & Activities | Catherine Pratt      | 0417 058 804 |
|                      | & Ree Dowling        | 0410 478 304 |
| Welfare              | Ree Dowling          | 0410 478 304 |
| Guest Speakers       | Dot Thomson          | 0459 535 987 |
| Membership Officer   | Harish Shah          | 0430 380 806 |
| Publicity            | Mike Bampfield       | O413 007 528 |

## **Diary Dates**

| Next Meeting        | Wednesday June 4 <sup>th</sup>  |  |
|---------------------|---------------------------------|--|
| Keeping Active      | Friday 11.30 am weekly          |  |
| Book Club           | Tuesday 3 <sup>rd</sup> June    |  |
| The Round           | Wednesday 11 <sup>th</sup> June |  |
| Discussion Group    | Tuesday 17 <sup>th</sup> June   |  |
| Trams Museum        | Wednesday 18th June             |  |
| Mens & Ladies Lunch | Wednesday 25 <sup>th</sup> June |  |
| Lilydale Theatre    | Saturday 12 <sup>th</sup> July  |  |
| Synchrotron         | Wednesday 16 <sup>th</sup> July |  |
| Xmas in July        | Friday 25 <sup>th</sup> July    |  |
| Coffee Club         | Friday 3.30pm weekly            |  |
| Bulletin deadline   | Friday 20th June                |  |



## President's Message:

Well, the cold weather has certainly set in since our last bulletin,
I hope you are all keeping warm and avoiding all the nasty bugs.
The committee has not stopped organizing activities just because of the cooler weather and have arranged a variety of activities for us all.

I hope that you will be able to rug up warm and join us.

Today Glen and I joined in the "Roll Back the Clock exercise program, it was thoroughly worth it, an interesting talk about Diabetes, the causes and a reminder that simple changes to our daily routines and diet can help to reduce the risks of developing diseases. This was followed by some exercise to improve our joints and body.

Cheers Sandra

After meeting Lunch 12.15pm Venue: Asian Garden Chinese Restaurant 9/348 Mountain Highway Wantirna.

Cetisto

You can buy wine there or the owner said you can also go next door and buy a bottle if you don't like what they have. Hope you will join us.

#### **BIRTHDAYS - JUNE**

Best wishes to the following members

Lorraine Hally 5<sup>th</sup> Mike Bampfield 13<sup>th</sup> Ken George 19<sup>th</sup>
Bob Grierson 20<sup>th</sup> Nelson Knight 20<sup>th</sup> Glen Knight 23<sup>rd</sup>
Gilly George 24<sup>th</sup> Kath Hawthorne 26<sup>th</sup> Philip Colbert 28<sup>th</sup>



Stephen Clifton 30<sup>th</sup>

# SECRETARY'S REPORT - Gilly George 0408 801 624

Our next Monthly Meeting will be held at the

Whitehorse Horticultural Centre, 82 Jolimont Road, Forest Hill on Wednesday 4<sup>th</sup> June commencing at 10am. All welcome. Let me know if you will be an apology for meeting. (we will miss you).

At the June meeting we will be inducting a new member Gillian Horlock, please welcome Gillian to our club and say hello at morning tea and get to know her. Thank you to Mary Burton for the lovely macaroons at the last meeting to celebrate Gerry's 90<sup>th</sup> Birthday, we all appreciated your kindness, Mary.

Can those people on set up please remember to help put the tables away at the end of the meeting, this allows us to leave the centre on time.

## TREASURER - Harish Shah 0430 380 806

Bank Account: BSB 633-108 Account No 151023272

Make sure that your name is registered with the deposit. Thank you.

## **ROSTERS: JUNE - AUGUST 2025**

**BEFORE MEETING:** 

WOULD ALL VOLUNTEERS PLEASE READ THEIR COPY 'MONTHLY MEETING

**VOLUNTEER PROCEDURES' & BRING THE COPY TO THE MEETING.** 

(If you don't have one, please collect one from Gilly.)

Please arrive at 9:00am to set up for your task

# BEFORE MEETING - SET UP/ AFTER MEETING - PACK UP & LOCK UP

JuneAlan HunterPhil ColbertJulyNelson KnightJurgen AhrensAugustBob GriersonDenis Hawthorn

**WELCOME & DIRECTING TO SIGN IN** 

JuneBeryl PakesChristina HunterJulyHazel HoellmuellerSibylle AhrensAuaustLois CheeversLorelle Borgas

## ATTENDANCE RECORDING/COLLECTION OF NAME TAGS

JuneLorraine HallyKath HawthorneJulyMary RasmussenShirley McGorlichAugustRolf ArnoldiLindsay Borgas

**MENTOR TO VISITORS** 

JuneRee DowlingHarish ShahJulyEric SutherlandBruna RosaiaAugustDot BrownKen Pakes

**MORNING TEA TEAM** 

JuneLorelle BorgasVal NixonJulyRee DowlingVic McNamaraAugustCatherine PrattRachel McAlavey

Buddy for Sheilah: June ~ Rachel McAlavey July ~ Jan Roche August ~ Kath Hawthorn If unable to attend Roster Duty please try to <u>exchange with another member.</u>

# WELFARE: Ree Dowling 0410 478 304

What a wintry shock we've had recently. Flu & Covid vaccinations being prescribed by doctors.

Java Shah: Java is recovering guite well from her operation.

John Henwood: John is in hospital having several tests.

#### BOOK CLUB - Gilly George 0408 801 624

The book club will be on Tuesday 3<sup>rd</sup> June at the home of the secretary

Gilly, 3 Howqua Ct, Vermont South. 1.30pm-3.00pm.

All are welcome, we would love you to join in.

Please come along with a book you have read and share your thoughts.

If you have recently seen a good movie, come along and talk about that as well, or

just come for a cuppa if you would like some company.

All welcome, lets know if you are coming so I can get the teapot ready.



Venue - Vermont South Club, 30A Livingston Rd, Vermont South.

# Next Meeting - 2-4pm TUESDAY, 17th June

Venue – Vermont South Club, 30A Livingston Rd, Vermont South.

Once again, the group enjoyed a friendly discussion about what's happening in the world and locally. This last meeting's topics included the recent Federal Election, the new Pope Leo XIV, Welcome to Country at the Anzac Dawn Service, and the growing number of

reality TV series. The "Fun Topic" saw us recalling the best and worst things people had bought over the years. As always, the meeting concluded with a pleasant afternoon tea.

New members are most welcome to contact Mike Bampfield





the **Discussion** 

**GUEST** 

SPEAKERS - Dot Thomson 0459 535 987

June Stephanie from Seeing Eve Dogs

**July Surprise Event** 

# MELBOURNE TRAM MUSEUM Ree Dowling 0410 478 304

# Date: Wednesday, June 18th

Meet at: South Vermont Tram stop – Tram 75 at 9.00am

- \*Travel to: Riversdale Junction /Power Street Stop 29
- \*Tram Museum at: Wallen Rd. Hawthorn 10.00am

Most of the museum is accessible for all. View 20 restored trams.

Return to Tram 75 and journey towards Vermont

- \*Alight at: Camberwell Junction
- \*Take a short walk to our lunch venue Deco. 211 Camberwell Rd.

Broad menu including Veg & GF.

Return to Tram 75 to travel back to South Vermont

Melbourne's trams are the iconic symbols of the city. Since the 1880s, the tramways have shaped how people have lived, worked and played. The

Melbourne Tram Museum celebrates trams, their history and their influence on the development of Melbourne.







## CHRISTMAS IN JULY Ree Dowling - 0410 478 304

Friday 25<sup>th</sup> July 12.00pm to 3.00pm CHURCHILL WAVERLEY GOLF AND BOWLS CLUB 82 Bergins Rd, Rowville

Festive Christmas Carvery with light music and exciting raffles \$45.00 per person payment due by July meeting.

You are invited to bring a friend or partner who are not probus members. Plenty of parking, easy access for all.

# DINE OUT: MORNING TEA - Catherine Pratt 0417 058 804

"THE ROUND" 379-399 Whitehorse Rd, Nunawading.

Date: Wednesday June 11th

Time: 10:30

Winter Coffee Warm Up

Just as June heralds the chills 'The Round' provides a local gathering venue for a

morning catch-up.

An area has been allocated for us in this spacious foyer. Parking: Ample around the venue. Accessible building

# LADIES AND MENS LUNCH - Kath Thomson - 0418 390 875

Wednesday 25<sup>th</sup> June at 12.30pm

The Chase Hotel, Canterbury Rd. Forest Hill.

# OUTING: AUSTRALIAN SYNCHROTRON -- Ree Dowling 0410 478 304



# Australia's Nuclear Science and Technology Organization-(ANSTO)

It is one of Australia's most significant pieces of scientific infrastructure. This major technology and innovation hub is located at Monash University Clayton Campus.

Thousands of scientists from industry and academia benefit from gaining access to state-of-the-art instruments every year.

'Helping researchers study coral health, stem-cell therapy and car paints is all in a day's work for Australian Synchrotron beamline scientist Danielle Martin'

Tour: Building 1: How it works. Building 2: Technical operation

Date: Wednesday July 16th, 2025 Time: 10:00 - 11:30 Guided Tour

Address: 800 Blackburn Road Clayton (see map for entrance)

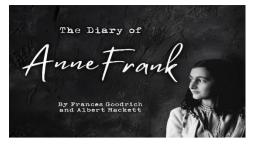
Cost: \$20:00 (To Treasurer by July Meeting)

Attending: Number capped at 20.

Parking: Arrive via Blackburn Rd. As You arrive press the bell next to the boom gate & tell Security you have arrived for a tour of the facility. Car parks are situated to the left of the

boom gate. Make your way to the NCSS building. Access: There is easy access to both buildings.

Lunch: Mulgrave Country Club (At own cost Cnr Wellington Rd & Jells Rd Wheelers Hill.



OUTING: Lilydale Theatre Ree Dowling 0410 478 304

Matinee Play: 'The Diary of ANNE FRANK'

Date: Saturday July 12th

Time: 2:00pm [Free Sherry in the theatre foyer from 1.30]

Free Coffee & Tea available at the interval] Address: 39 – 41 Castella Street, Lilydale

Cost: \$26.00

Parking: Around the theatre. Access ramps.

Pre-Theatre Lunch: 'Gracious Grace' café [Meet at 12.00]

[Attached to the Theatre. Own expense.]

NB: In order to have reasonable seats we need to book asap. Payment must be at the time of booking. [Good seats available at present.]

Please *pay in to the Probus Account* & leave a voice mail on my phone (Ree 0410 478 304) that you've paid. Otherwise *pay* our treasurer at the JUNE Probus meeting

Storyline: The poignant true story from WW11. Anne's diary was published long after the war by her father, the only family survivor.

It records in detail the 25 months 2 Jewish families spent in hiding from the Gestapo in an Amsterdam warehouse attic. The constant secrecy, the growing hunger and the friction of living in such cramped conditions could not dull Anne's vibrant personality or her passion for living.

# **EXERCISE GROUP**





# **CLUB MEMBERS - KEEPING ACTIVE**

Come and enjoy our 'Roll Back the Clock" Program

Time: 11.30 - 12.30 FRIDAYS Weekly

Venue: Vermont South Bowling Club. 30a Livingston Rd

Vermont South

Helen – our qualified and very experienced leader organises a suitable, interesting & fun program for retirees.

The hourly sessions are split into 2 sections.

An engaging and instructive visual presentation related to all aspects of health & positive living followed by activities to benefit flexibility, strength and general movement.

There are always fun activities involved.

Enjoy a free cuppa and chat to follow.

#### **DARTS**

FRIDAY 13<sup>TH</sup> JUNE (second Friday of the month).10.15am

Held at the Vermont South Club Livingstone Rd, Vermont

Anyone interested in darts please pop your name on the sheet.

All levels accepted give it a try, have some fun and friendship.

We can get special mats and wall protection!!!!!!!! Contact Ree: 0410 478 304





## SELF-DRIVE / CARPOOL TRIP TO CASTLEMAINE - SANDRA KNIGHT 0409 551 029

Thank you to all of you that have put your name down to join in on the trip.

Motel accommodation has been put on hold and train booking will be made shortly, which means we will be able to cost the trip and let you know hopefully by the June meeting.

Please note the dates for this trip are November 13<sup>th</sup> to 15<sup>th</sup> and our steam train ride will be on the 14<sup>th</sup>.





Management Committee Meeting

Thank you to John Mullahy MP, State Member for Glen Waverley District, for assistance with printing of this publication. If you require assistance with State Government or community matters, please contact John's office.





<u>The contents of this Bulletin are Private & Confidential and are for Probus use only and may not to be used for any other purpose.</u>

The Probus Club also gratefully acknowledges the community grant provided by the Whitehorse Council